



PAST PAPERS

Faculty	Department / Section/Division
Not Applicable	Learning Resource Centre

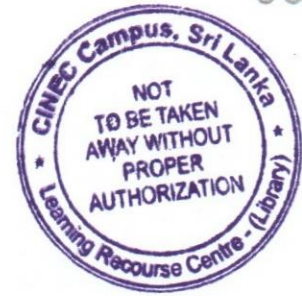
Past Papers

Faculty of Management, Humanities & social
Sciences
Department of Education & Language

**Diploma in Early Childhood
Education
2022**

Document Control & Approving Authority	Senior Director – Quality Management & Administration
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FINAL EXAMINATION QUESTION PAPER

CODE - 2P

Approved for Quality Management System

EDUCATION & TRAINING COURSE : DIPLOMA IN EARLY CHILDHOOD EDUCATION

COURSE CODE: LC-0843

SUBJECT: HEALTH & NUTRITION

Faculty	Department / Section/Division
Humanities and Education	Education

<i>INSTRUCTIONS TO CANDIDATES</i>	Date: 2022.08.14
Total Marks = 100	Duration of the examination = 02 hours
	Candidates could be disqualified if you violate examination rules.
	Candidates are not allowed to communicate with and disturb fellow candidates during the examination.

PART - I

Answer all the questions given. Underline the most suitable answer.

(01). Which one of the following foods does not contain carbohydrate:

- (a) potato, (b) sugar, (c) meat, (d) rice.

(02). Which is the largest gland in the human body?

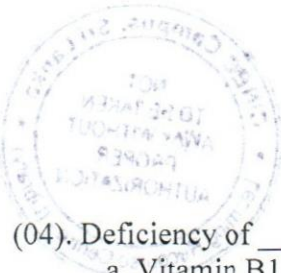
- a). Thyroid b). Liver c). Pancreas d). None of these

(03).



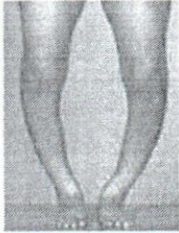
Identify the disease and name the deficiency that causes it?

- a. Kwashiorkor, caused due to deficiency of proteins
 b. Kwashiorkor, caused due to deficiency of proteins and carbohydrates
 c. Marasmus, caused due to deficiency of proteins
 d. Marasmus, caused due to deficiency of proteins and carbohydrates



(04). Deficiency of _____ causes Night blindness.
 a. Vitamin B1 b. Vitamin D c. Vitamin A d. Vitamin C

(05).



Deficiency of which nutrient leads to this disease?

- a. Vitamin A b. Vitamin D
 c. Vitamin C d. Vitamin C

(06). Having iodized salt regularly in your food will help in the prevention of _____.
 a. Goitre b. Anaemia c. Rickets d. Diabetics

(07). Stunted growth and stomach shrinkage are the symptoms of this deficiency disease.
 a. Kwashiorkor b. Marasmus c. Anemia d. Goiter

(08). Having foods rich in this vitamin will prevent Beriberi disease.
 a. Vitamin A b. Vitamin C c. Vitamin B1 d. Vitamin D

(09). If you suffer from Anemia, you should eat foods rich in _____.
 a. Vitamin A and C b. Calcium and Phosphorus
 c. Iron and Vitamin B12 d. Vitamin A and D

(10). Lack of exposure to sunlight may lead to deficiency of this _____.
 a. Vitamin D b. Vitamin K
 c. Vitamin E d. Vitamin D

(11). The key to good health is a _____.
 i. drink enough water ii. Regular exercises iii. Balanced diet iv. All these

(12). If a person has weak and malformed bone what should take most.
 i. Vitamin D ii. Protein iii. Food contain Iron iv. Food contain Calcium

(13). Preserving food
 i. Making food last longer ii. Increasing the nutritional value food
 iii. Making food edible iv. Increase the taste

PART II

Answer all the questions given.

(01).

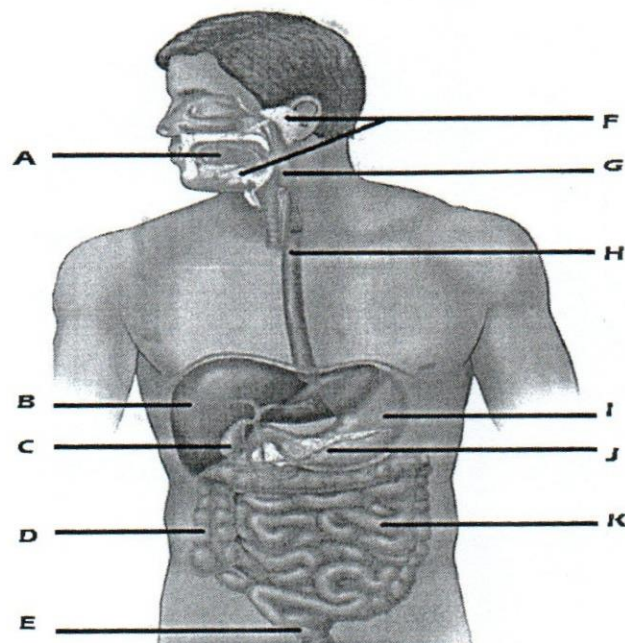
- i. What are infectious diseases? Give three examples.
- ii. List five good health habits?
- iii. List three minerals essential for body.
- iv. Name three noninfectious diseases,
- v. Name four diseases spread due to polluted water. (Marks- 20)

(02).

- i. Name five systems in the Human Body.
- ii. List three functions of Blood Circulatory system.
- iii. Write the path of food taken by mouth till waste pass away from body.
- iv. What are the ways diseases spread among people?
- v. Write five ways water gets polluted. (Marks- 20)

(03). Digestive system is one of the most important systems of the body.

- i. Lable the parts from A-K of the following figure.



- ii. Name two hormones secreted by the organ J.
- iii. What is the main function of the organ K?
- iv. What are the adaptations of K to do its functions?
- v. Write the functions of the two hormones mentioned in above II

(20 Marks)

- (04). i. List ten uses of water.
- ii. What are the three types of water available on earth?
 - iii. List ten ways that water gets polluted.
 - iv. Write ten possible ways we can prevent water pollution.
 - v. List five uses of plants.

(20 Marks)

- (05). i. What are the five sensory organs of the body?
- ii. What are some examples of fat-soluble vitamins?
 - iii. Name three vitamin deficiency symptoms.
 - iv. What are the components of a healthy diet?
 - v. What are the ways we get diseases?

(Marks- 20)



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FINAL EXAMINATION QUESTION PAPER
DEPARTMENTAL DOCUMENTED INFORMATION REFERENCE -QP

EDUCATION & TRAINING COURSE: DIPLOMA IN EARLY CHILDHOOD EDUCATION
COURSE CODE: LC-843
SUBJECT: ENVIRONMENTAL ACTIVITIES

Faculty	Department / Section/Division
Management, Humanities and Social Sciences	Education and Languages

<i>INSTRUCTIONS TO CANDIDATES</i>	Date: 2020.01.04
Answer all Questions.	Duration of the examination = 02 hours
Total Marks = 100	Candidates could be disqualified if you violate examination rules.
	Candidates are not allowed to communicate with and disturb fellow candidates during the examination.

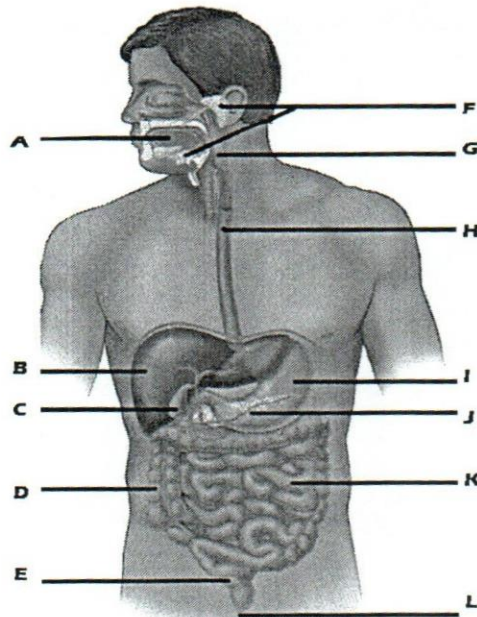
❖ Answer all questions given below.

(01).

- i. What are the main nutrients that should be there in a balanced diet?
- ii. Indicate the main functions of the above nutrients.
- iii. Give three examples of food items for each of the above.
- iv. Write five methods to preserve the nutrients of food during preparation.
- v. List three important minerals to the human body.

(20 Marks)

(02). i. Label the parts from A-L of the following figure.



- ii. Name two hormones secreted by the organ J.
- iii. What is the main function of the organ K?
- iv. What are the adaptations of K to do its functions?
- v. Write the functions of the two hormones mentioned in above II

(20 Marks)

03)

- i. Prepare a dichotomous key to group the following animals.

Elephant, frog, fish, parrot, bee, snake, crocodile, earth worm, butterfly, bee, man, dog

- ii. What are the features of mammals?
- iii. List five characteristics of Arthropods?
- iv. Who are warm blooded animals? Give two examples?
- v. What are the main two categories the animals are divided into?

(20 Marks)

04). i. Draw two food chains?

ii. Draw a food web?

iii. Who are autotrophs? What is their position in food chains?

iv. Name three herbivorous animals?

v. Who are omnivorous animals? Name three omnivorous animals?

(20 Marks)

05). i. What is Environment pollution?

ii. What are the three main categories of environment pollution?

iii. List five main ways of air pollution?

iv. Write five ways of water pollution?

v. What is global warming? What are the bad effects of global warming?

(20 Marks)